



**CROSSFIT  
ARMOURY**

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**WEST: 17309-105 AVE  
EDMONTON, AB  
T5S 1H2**

**SOUTH: 8303 ARGYLL RD  
EDMONTON, AB  
T6C 4B2**

### **CrossFit Armoury Open Gym Policy**

- Open gym activity is permitted on the condition that it does not interfere with the class, including but not limited to space, equipment, and noise considerations i.e AirBike usage during instruction portion of class.
- Any space used for open gym must be left exactly how it has been found. This includes returning equipment to its original location, cleaning up any chalk used, and disposing of any tape garbage, etc.
- Ipads are for class use only
- One marker will be permitted for open gymmers, marked with fluorescent pink tape

